



## KNEE WALKER/SCOOTER TAKE HOME SHEET

Here are a few basic safety tips for using your knee walker:

- Do not scoot at high speeds.
- Always slow down before making a turn and use your brakes accordingly. Keep both hands ready at the brakes.
- If moving downhill, always be extra cautious and move at a slow and controlled speed. Use both your hand brakes and foot to control your speed.
- Always keep your body balanced with the knee scooter. If you need to reach out for something, park the scooter as close to where you need to reach. If you want to reach something on the floor, we highly recommend using a reacher, it's a great accessory to have while recovering.



Handigrip Pro - 26" - \$29.95

Handigrip Pro - 32" - \$31.95

- When you need to use both your hands to do chores (while still mounted on your scooter), always lock the brakes to add stability.
- Do not put in heavy items in the front basket. This will make the knee scooter top-heavy and will be prone to tumble over.
- Do not carry children, other humans, or pets while riding a knee scooter. You may tip over and risk another injury. (Unfortunately, they don't make sidecar knee scooters.)
- **When adjusting the height on the leg cushion, please note that the screw only goes in from one direction. If it's not screwing in easy, don't force it!**