



JOLLY'S
MEDICAL + ATHLETIC SUPPLIES

COLD RUSH CRYOTHERAPY UNIT INSTRUCTIONS

Instructions For Use:

1. **Prepare Cold Rush.** Fill cooler with water to fill line and then with ice as indicated on the inside of the cooler.
2. **Connect to the Pad.** Attach the large hose from the cooler to the pad. Push couplings together firmly until you hear two clicks.
3. **Start Pump.** With dry hands plug the adapter into 110 VAC, 60 Hz wall outlet and turn the dial on the side. The higher the dial is turned, the faster the water runs through the sleeve (low=less cold, high=more cold).
4. **Priming the Unit.** Lay the pad on the ground. When the pad is firmly filled with water, the priming is complete and the sleeve may be applied. This process must be repeated any time the machine is unplugged.
5. **Applying According to Instructions Included with the Pad.** Always apply dressing or moisture barrier between the pad and the skin. Do not allow any part of the pad to be in direct contact with the skin for any period of time.
6. **Replace Ice and Water Every 6-8 Hours for Continuous Use.**
7. **Ending Session.** To discontinue use, turn dial to the off position and unplug from the wall outlet. Use dry hands when handling all electrical connections. Do not pull on hose or cords to unplug.

Tips and Problem Solving:

- If pad leaking is suspected, condensation is the probable cause. Some condensation on the lines and pad is normal, particularly in a humid environment. To help reduce this effect, provide additional insulating layers over the pad.
- The couplings are self-sealing; however it is normal for a small amount of water to escape when disconnection the couplings.
- If the pad is not cooling properly, follow these steps:
 1. Be sure the pad/hose is not folded or kinked.
 2. Make sure that the ice and water are at the proper level in the unit.
 3. Check couplings for proper connection and listen for audible clicks.
 4. Never expose your Cold Rush Unit to below freezing temperatures for long periods of time. Damage can occur.
 5. Never run your Cold Rush Unit without water and ice. Damage can occur.

PLEASE CONTACT US IF THE UNIT IS NOT FUNCTIONING PROPERLY.